

# MENU FOR THURSDAY 04 JUNE

**HOME DELIVERIES on MONDAY, WEDNESDAY and FRIDAY ONLY.**

Order by 12:00h - and deliveries will be made between 13.30 and 15:00 -  
from Marbella and Estepona - FREE for orders over €40

**T +34 952 886 748 | M +34 687 498 651 | E whats-cooking@hotmail.com**

**CAFÉ TABLE SERVICE IS ALSO AVAILABLE**

## STARTERS

**HUMMUS or TZATZIKI**  €6.90 per portion


## SALADS

**Small €4.90 • Medium €6.90 • Large €12.90**

**QUINOA WITH FETA**, sundried tomatoes, Rucola and Butterbeans 


**CAULIFLOWER RICE TABBOULEH** 

**ORGANIC BEETROOT SALAD** with Carrots, Greens and a delicious Vinaigrette 

**POTATO SALAD** with capers, gherkins, red onions, lots of fresh dill and a light mayo dressing 


**BOMBAY CHICKEN SALAD** with Apple, Cucumber, Walnuts, Coriander and Raisins

**KALE SALAD** with Cherry Tomatoes, Parmesan Cheese in a Lemon Dressing

**AMERICAN COLESLAW** Made with red and white cabbage, carrots in a light and fresh yoghurt-mayo dressing 

**CELERY SALAD** with Parmesan Cheese, dried Cranberries and Walnuts 

## SOUPS

*Please ask for the soups we have available in the freezer* €4.50 

## CAKES

Classic Baked Vanilla Cheesecake €3.50  
Carrot Cake €4.50  
Gluten Free Orange and Almond Cake €4.50  
Gluten Free Chocolate Brownies €3.90  
Gluten Free Coconut Blondies €3.90  
Key Lime Pie €3.50

## FRESH BREADS

Protein Bread €5.00  
Miller Loaf €4.90  
Baguette €1.90

 Vegetarian  Vegan

## MAINS

per portion

**BELGIAN BEEF STEW** with Dark Beer and Bacon €12.90

**MARBELLA CHICKEN** Chicken thighs with prunes, olives and capers €8.90

**ALBONDIGAS CON TOMATE** €8.90

**FRESH SALMON** Poached in Lemon Juice, White Wine and Herbs *depending on size* €8.90-€10.90


**SPICY BEEF EMPANADAS** 3 for €6.90

**TARTIFLETTE:** Swiss Alpine Bake of Potato, Bacon, Onion and Camembert €8.90

**CHINESE BEEF & BROCCOLI STIR FRY** €10.90

**OUR DELICIOUS BEEF LASAGNE** €7.50

**TARRAGON CHICKEN** €8.90

**SPANAKOPITA** Filo Pastry with Spinach Feta and Herbs  €5.90

**RARE ROAST BEEF** with Potato Salad €12.90

**INDIAN POTATO AND LENTIL CURRY** with Coconut Milk  €8.90

**MELANZANA ALLA PARMIGIANA**  €8.90

**CHICKEN CHOW MEIN** Noodle Stirfry €8.90

**ORGANIC BABY PUMPKINS** stuffed with lentils, feta and rocket pesto  €6.90

**MOROCCAN CHICKEN TAGINE** with preserved lemons, olive and chickpeas €8.90

**BROCCOLI & MUSHROOM QUICHE**  €4.90

**QUICHE LORRAINE** €4.90

## SIDES

**ROASTED HARISSA CAULIFLOWER** with Sweet Potatoe and Tahini Sauce  €6.90

**ROASTED MEDITERRANEAN VEGETABLES**  €6.90

**OVEN ROASTED MUSHROOMS** with Balsamic Vinegar, Garlic and Thyme  €6.90

**CARROT, CORIANDER AND SWEETCORN FRITTERS**  €6.90 for 2

**BASMATI RICE**  €2.00

**ROASTED BABY POTATOES**  €3.50

**Also a selection of WINES, SOFT DRINKS and FRESHLY SQUEEZED JUICES**

*Payment by credit card or correct amount of cash as I will be unable to give change*